

## Appointments

Please arrive at least 15 minutes prior to your first scheduled appointment to allow check in time  
For appointments of two hours or longer, a credit card is required for the appointment. If “no show” or no 24-hour cancellation, the full value of the appointment will be charged. We do reserve the right to refuse services for the protection of our clients and staff.

## Cancellation Policy

Because your spa services are reserved especially for you, we ask that you please notify us at least 4 hours in advance if you need to cancel or reschedule your appointment. FULL CHARGE will be imposed for a “No Show.”

## Gift Certificate

Gift Certificates are nonrefundable; however, they are transferable to someone else. A “no show” on a Gift certificate is considered used. A 15% gratuity (rounded to even dollars) will be added to all gift certificate packages purchased and to all multiple services book.

## Hours of Operation

Sunday: Closed  
Monday: 10 am - 5 pm  
Tuesday - Thursday: 9 am - 7 pm  
Friday - Saturday: 9 am - 6 pm

## Locations

12440 FM 1960 West @ Eldridge Pkwy  
Houston, TX 77065  
Ph: (281) 477 - 6772  
Fax: (281) 890 - 4790  
(In Kohl's & Kroger Center)

2905 Fannin  
Houston, TX 77002  
(713) 645 - 6772  
Fax: (713) 650 - 6771



We Are Proud To Present Our Elegant, Cozy & Spiritual, Family Environment

## FACIALS

**European Facial** \$65  
Exposure to the sun, pollution, and daily grime leaves the skin sensitive and dehydrated. Gentle cleansing with products formulated to your skin's needs is followed with exfoliation to get rid the dead skin cells. A massage of the neck and shoulders helps relieve stress. Facial is completed with a soothing mask and moisturizer.  
Recommended for: All skin types

**Skin Quencher Facial** \$95  
Layer upon layer of pure, fresh European seaweed rejuvenates, tones and helps firm the skin. Two massages and then a cool aqua green seaweed mask is applied and is then followed by a mineral-rich thermal mask. The results are impressive, giving you younger looking skin, which visibly renews moisture, and an afterglow that lasts.  
Recommended for: all skin types.

**Red Carpet Facial** \$75  
Designed for those who need a glowing complexion for a very special event. A gentle exfoliating facial using a combination of amino acids, beta-hydroxy, deep hydrating masks and serums custom made for your skin.

**Deep Detox Facial** \$75  
Intense exfoliation using dermatological grade peels and deep extraction designed to purge your skin of impurities. We finish with calming anti-irritating masks and serums. Excellent for acne prone and oily skin.

**European Seaweed Facial** \$85  
A retexturizing treatment for dry or sun damaged skin that eliminates fine lines and evens skin tone. French Seaweed provides a gentle marine hydroxy acid combined with natural alpha hydroxy acids to exfoliate and renew, leaving the skin supple and younger looking. Though immediate results are visible, a course of six treatments is recommended for maximum results.  
Recommended for: All skin types.

**Gentlemen's Facial** \$70  
Includes everything as the European Facial plus we incorporate more enzymes and deeper pore cleansing to address the specific needs of male skin. We also pay special attention to problems resulting from shaving.

**Back Cleansing Treatment** \$75  
A specialized treatment as effective as a nourishing facial, concentrating on the back area. It eliminates blackheads and toxins and deeply cleanses your pores with a satisfying light back massage.

**Add On To Facials**  
We recommend adding ampule application to your facial treatment. Available in various treatments including Collagen, Hydrating, DNA, Rejuvenation Ampules: \$25

## SKIN PERFECTING TREATMENTS

**Alpha Beta Peel** \$110  
Uses a perfectly calibrated combination of Alpha and Beta hydroxy acids of which is the single most effective treatment available to make skin firmer and more radiant. It also reduces fine lines, diminishes pore size, lightens dark spots, and prevents acne and rosacea

**Microdermabrasion** \$115  
The latest, noninvasive skin resurfacing utilizing fine, pure, sodium bicarbonate crystals or diamond wand which were used under both suction and pressure to remove outer layer(s) of skin with little or no recovery time, while providing visual results. Restore skin to its youthful image, by minimizing fine lines, reversing sun damage, lightening hyperpigmentation and removing insightly blackheads. Can be done on all skin types.

**Body Parts Microdermabrasion**  
Same technique as Microdermabrasion for the face but is performed on the body:  
Hands up to Wrist \$45  
Full Arms & Hands \$65  
Chest Only \$45

For the more serious work: Application of a potent lightening acid to diminish mottled, sun damaged skin, followed by microdermabrasion to resurface and restore uneven skin discolorations. A super rich regenerating treatment cream and sunblock applied to area complete this process.

## MASSAGE

**Swedish Massage**  
*Thirty Minutes:* \$45  
*Fifty Five Minutes:* \$65  
*Eighty Five Minutes:* \$95  
It incorporates long gliding strokes, kneading and friction techniques on the upper layers of the muscles. This massage relaxes muscles, improves circulation, increases range of motion and stimulates the skin and the nervous system.

**Deep Tissue/Sport Massage**  
*Fifty Five Minutes:* \$75  
*Eighty Five Minutes:* \$110  
The Purpose of the massage is to loosen the fibers of the muscles while releasing the deeply held patterns of tension. It is both corrective and therapeutic by improving stamina, increasing flexibility and helping to prevent injuries.

**Elan Custom Massage**  
*Fifty Five Minutes:* \$80  
*Eighty Five Minutes:* \$110  
If you are not quite sure which massage is right for you, allow our therapists to customize a treatment to address your specific needs.

**Couple's Room Massage Available**

**Hot Stone Massage**  
*Eighty five minutes* \$110  
 Allow the soothing warmth heated, river-worn basalt stones to melt away the stresses of your everyday life. The stones are heated to an idyllic temperature then placed on the specific areas of your body and through long, deep massage strokes, bring you to a profound state of relaxation. Our therapist then incorporates Swedish hand techniques to offer you the best of all modalities.

**Reflexology**  
*Thirty Minutes* \$45  
 Reflexology is a soothing treatment of the feet in which gentle and firm pressure is applied to the reflex points related to the whole body. It helps restore the body's natural balances and encourages the body and mind to relax.

**Thai Massage**  
*Fifty Five Minutes:* \$85  
*Eighty Five Minutes:* \$115  
 A Thai Massage designed to replenish and energize the body's natural energy. This energetic ancient technique is performed on a cushioned mat that involves yoga-style stretching. Loose comfortable clothing is required.

**Prenatal Massage\***  
*Fifty Five Minutes* \$75  
 A specialized treatment designed for the expecting mothers to help relieve discomfort in the lower back and legs.

## SPECIALIZE BODY TREATMENTS

**Anti-Stress Back Treatment\*** \$95  
 Organic mud with its natural powerful soothing effects help relieve stress, sore muscles, aches and pains. As a final touch, the tension relief gel is applied to eliminate tension and smooth the skin. A 25 minute massage concludes the treatment.

**Pomegranate & Cranberry Body Polish\*** \$95  
 Unveil a silken complexion with a mild exfoliate. Follow with soothing rose mud, then concluded with a pomegranate, cranberry, almond, wild cherry and loquat body butter while gently stimulating circulation to remove toxins.

**Full Body Seaweed Wrap\*** \$100 & up  
 This treatment contains a special blend of seaweed and plant extracts that activate blood circulation while refining, detoxifying, mineralizing and moisturizing the skin.

**Full Body Thinning & Strengthening\*** \$110 & up  
 Cellulite Treatment - 55 Minutes. This treatment promotes skin tone and firmness through the beneficial effects of essential oils. Seaweed, plant and marine extracts to activate the natural processes of fat metabolism and increase the elimination of toxins.

**Full Body Detoxification\*** \$100 & up  
 Cleanse your body with this wrap made exclusively from the sea and detoxifying essential oils. This treatment induces perspiration and increases elimination of toxins via the skin so that you are left feeling energized and restored.

## BODY SCRUBS

**Turkish Salt Glow Scrub\*** \$75  
 This thorough scrub incorporates sea salt and rosemary oil to purge your skin of surface impurities. This skin's moisture balance is then replenished with healing aloe vera-cucumber lotion, which is massaged into the new layers of skin.

**Honey Apricot Scrub\*** \$85  
 The Moisture-rich scrub is great for dry, sensitive skin. While the apricot meal gently exfoliates, the honey soothes the skin providing unparalleled moisture and nourishment. After your skin is exfoliated, aloe vera-cucumber lotion is massaged over to leave you renewed and hydrated.

\*There are contradictions for these services, including pregnancy, infectious disease, high blood pressure, excessive or daily medication, epilepsy and asthma. If you have a medical condition or you are pregnant, it is imperative that you inform the reservations desk when making your appointment and your therapist. We do not recommend any body therapies in the first trimester of pregnancy.

## HANDS & FEET TREATMENT

Be Pampered like royalty as you indulged your hands and feet into our invigorating soaks, which soften your cuticles. Your skin will then be stimulated and regenerated as we massage away your daily stress. Treatment follows with an aroma paraffin masque for your hands and marine masque wrap with warmed twoels for your legs and feet.

Spa Manicure \$35  
 Spa Pedicure \$45  
 Polish Change \$10  
 French Polish \$5  
 Nail Design \$10+

## SPECIALIZED SERVICES

Eyelash Extension \$120  
 Eyebrow Tint \$15  
 Eyelash Tint \$20  
 Eyelash Perm \$30+  
 Make -up: Bridal, Prom, etc... \$80

### Waxing

Eyebrow	\$15+	Back	\$45+
Chin	\$15+	Upper Lip	\$12
Full Face	\$40+	Cheek	\$15+
Half Arms	\$30+	Underarms	\$20+
Half Leg	\$35	Full Arms	\$40+
Bikini Line	\$30+	Full Leg	\$50+
Brazilian	\$80+	Tummy	\$20+
Bikini	\$40+		

## DAY SPA PACKAGES

**Take a Break (11/2)** \$75  
 1/2 hour Swedish Massage or Reflexology  
 Spa Manicure

**Serenity (3 Hours)** \$135  
 European Facial or Swedish Massage  
 Spa Manicure  
 Spa Pedicure

**Day of Bliss (4 Hours)** \$200  
 European Facial  
 Swedish Massage  
 Spa Manicure  
 Spa Pedicure

**Elan Escape (4 1/2 Hours)** \$260  
 European Seaweed Facial  
 Hot Stone Massage  
 Spa Manicure  
 Spa Pedicure

**Royal Retreat (6 1/2 Hours)** \$420  
 Thirsty Skin Quencher Facial  
 Apricot Honey Scrub  
 European Seaweed Body Treatment  
 1 hour Elan Custom Massage  
 Spa Manicure  
 Spa Pedicure

**Eden for Men (3 1/2 Hours)** \$210  
 Gentlemen's Facial  
 Deep tissue massage  
 Gentlemen's Manicure  
 Gentlemen's Pedicure

**Elan Bridal Package (Party of Five)** \$1000  
 European Facial  
 Swedish Massage  
 Aromatherapy hands and feet treatment  
 Champagne & Flowers  
 Gift from Elan Day Spa

**Massage Package**  
 6- One hour Swedish Massage \$370  
 6- Half hour Swedish Massage \$250

**Complimentary beverages, refreshments, Flowers and steam room are included in all Elan Day Spa services.**

We would be delighted to assist you in creating a customized treatment package. Together we will select a combination of aromatherapy oils, scrub, or massage with your individual needs in mind. Once a package is formulated it will always be available to you each time you call.

Please allow five minutes for smooth transition from one treatment to the next.